

What is safeguarding?

Keeping yourself and others safe **Recognising dangers** e.g. e-safety, cyberbullying, social networks, in play areas, at home,

at school, on the streets, road safety, firework safety etc.

And types of abuse that you may be vulnerable to • • •

Feeling and being safe...

When I'm safe I feel...

- happy,
- contented,
- positive,
- encouraged,
- proud,
- good and loved.
 - I have someone to talk to if I feel worried or upset.

When I feel unsafe I feel...

- Funny feelings in my tummy,
- butterflies,
- you can see it in their eyes,
- different,
- sad,
- worried,
- being watched,
- scared,

What might make me feel unsafe?

Lots of things will make you feel unsafe

- Something somebody said or did to you or in-front of you that you did not understand.
- Violence and/or threats
- Seeing or hearing something that may worry you - on line, at home, in the street



- Not being looked after properly being starved, not being cleaned or clothed appropriately.
- Always being told horrible things by people who you should be able to trust.

What you can do about things that worry you

- Tell a trusted adult Think about the many, many people you can tell.
- Tell a friend.
- Call childline or the NSPCC on: 0800 1111

Speaking out

- If you tell an adult in school about something that worries you...
- It is their responsibility to listen to you with thought and care.
- They will make sure that you are protected from anything that is harming you.
- They will not be allowed to keep a secret (but at the same time they will only speak to people who 'need to know')

If your friend tells you about something that worries you or something that they are worried about... you should...

- Tell an adult you trust to sort it out, especially if they are not safe or being harmed.
- Be caring and understanding about it, especially if they get upset at you for speaking to a trusted adult to protect them.





<u>NSPCC - Childline. 0800 1111</u>



HOW ARE YOU FEELING?

Excellent	Good	Okay	Bad	
Horrible	Stressed	Depr	Depressed	

Your rights

out more.

Everyone has different rights

depending on their oge. Find

Feeling excellent, great or amazing? Share that positive feeling.

Post on our Good days message board

Be creative with our Art box

Get involved in fun stuff



ADVICE RIGHT NOW



Ask an adult for help Speaking to an adult you trust can help you deal with whatever you're going through.



Top tips for making friends

Making friends isn't always easy. We're here to support



Worries about the world Some things in the world can

Some things in the world can make you scared or confused.



Who is responsible for safeguarding at Blanford Mere?



Mrs Miller is the DSL: a DSL is a designated safeguarding lead... that means that they are in charge of safeguarding in the school.

She is ultimately responsible for safeguarding everybody in the school.

<u>Who else is responsible for</u> <u>safeguarding at Blanford Mere?</u>



Miss Stanton is our Deputy Designated Safeguarding Lead.



Safeguarding is everybody's responsibility and we keep EVERYBODY safe at Blanford Mere, in school and out.